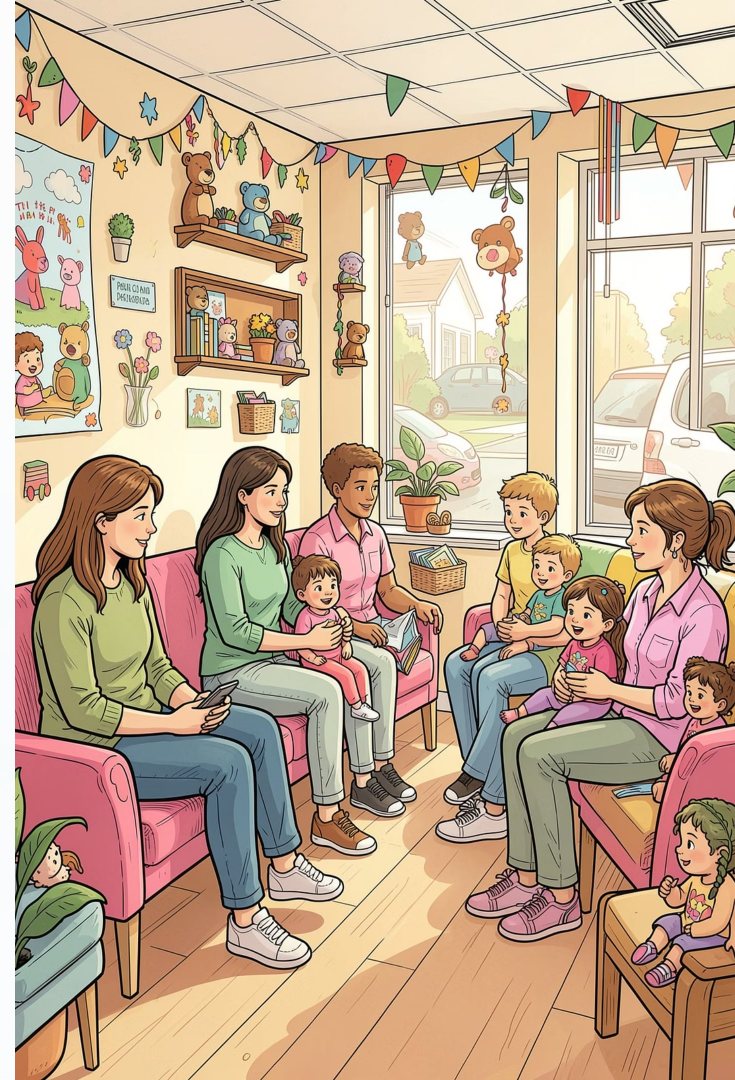


♥ Help Us Make Your Child's Visit Smooth and On Time!



We are committed to providing every child with the best possible care while keeping waiting times as short as possible. A little preparation goes a long way — here's how you can help us serve your family better.

JULIA BARRIGA MD, PA PEDIATRICS





Before Your Appointment

Completing these steps ahead of time helps your visit start on the right foot.

Plan Your Schedule

Reserve enough time and avoid scheduling other appointments immediately before or after — pediatric visits may include screenings, procedures, and discussions.

Complete All Forms Online

Finish all questionnaires and forms before arriving. Incomplete forms must be completed in the office, which may delay your visit.

Verify Your Insurance

Confirm your insurance is active and assigned to a provider at Julia Barriga MD, PA Pediatrics. Understand your benefits — including copayments, deductibles, and coinsurance.

Language & Accessibility

Bring an interpreter if your preferred language is not English or Spanish. For sign language services, contact your insurance company in advance to arrange an interpreter.

Know Your Child's Medical Info

Be familiar with your child's conditions, medications, treatments, and specialists. Know which pharmacy to use and bring any recent discharge summaries.

Review Office Policies & Authorize Adults

Review our office policies before your visit. Ensure all adults who may bring your child are authorized in the chart and familiar with their medical history.



When You Arrive & During Your Visit

At Check-In

- Arrive on time with your **photo ID** and **insurance card**.
- Avoid discussing medical concerns in detail at the front desk — your Medical Assistant and Provider will review everything with you.
- Be ready to pay any **copayment, coinsurance, deductible, or outstanding balance** at check-in.
- Need school forms, letters, or medical records? Let us know at check-in so we can begin processing your request.

During Your Visit

- Put your phone away while the Medical Assistant or Provider is speaking — so you don't miss important information.
- Listen carefully and **ask questions freely** — our team is happy to explain anything unclear.
- Help keep your child **calm, comfortable, and engaged** throughout the visit.
- If bringing **more than three children** to the same appointment, please bring another adult. They will be seen in separate rooms with different Providers simultaneously.



♥ Thank You for Partnering With Us!

Your preparation and cooperation make a real difference. When families come ready, we can focus on what matters most — your child's health and well-being.

Safer Care

Accurate medical history and up-to-date forms help our team make the best decisions for your child.

Shorter Waits

Completing forms ahead of time keeps check-in moving and gets you into the exam room faster.

Better Visits

When everyone is prepared and present, your child receives more personalized, attentive care.



Questions before your visit? Review our office policies or call us directly — we're always happy to help your family feel confident and prepared.